

Special Invitation for Health Professionals

Private Breakfast with Patrick Holford



Patrick Holford is Britain's leading spokesperson on nutrition and mental health issues. He is the founder of the Institute for Optimum Nutrition, the Brain Bio Centre and is a world renowned author of over **30 books**, in 20 languages, including *The Optimum Nutrition Bible*, *Food is Better Medicine Than Drugs*, *The Holford Low GL Diet* and his latest *The Ten Secrets of 100% Healthy People*.

Patrick will present results from his 100% Health Survey of over 55,000 people in relation to mental health.

The intimate group setting will give you a chance to meet with Patrick and participate in discussion, while enjoying a healthy breakfast.

Don't miss this unique opportunity!



Sunday, March 14, 2010

10:00 am - 12:00 pm Price: \$35

InterContinental Hotel, Ontario Room

255 Front Street West

Space is limited to 40 people. Please call 416 733 2117 to purchase tickets.



CANADIAN SOCIETY FOR ORTHOMOLECULAR MEDICINE



ORTHOMOLECULAR
HEALTH

hachette
BOOK GROUP CANADA

little, brown
BOOK GROUP